

## **CHAMOMILE DOUCHE 150 ml**

**Pharmaceutical form:** Solution for external use, intended for female intimate hygiene.

**Composition:** Chamomile extract 0.075ml, Deionized water 150ml.

### **General information for women:**

Vaginal douche for intensive vaginal hygiene and prevention of vaginal infections and discomfort.

Good vaginal hygiene is a key factor in preventing vaginal infections such as bacterial vaginosis or a fungal infection (yeast). In the case of a vaginal infection, intensive hygiene is necessary to quickly restore a healthy microflora.

A healthy vagina with normal flora (Doderlein sticks), natural odor, and secretions play a very important role in a woman's well-being.

Vaginal douching provides the most intensive vaginal hygiene.

### **Product information:**

The activity of chamomile is provided by the complex of biologically active substances contained in it: chamazulene, bisabolol, flavonoids, coumarins, sitosterol, carotenoids, polysaccharides, vitamins, choline, etc.

The range of medicinal properties of chamomile, therefore, and the areas of its application, is extremely wide. Chamomile is one of the most widely used medicinal plants due to its pronounced anti-inflammatory, reparative, and antispasmodic action, while this plant also has a number of pharmacotherapeutic properties: antimicrobial, sedative, analgesic, hemostatic, antiallergic.

So, one of the most frequent aspects of the therapeutic effect of chamomile, which determines its widespread use in gynecology, is its antimicrobial, anti-inflammatory, and wound-healing effect. Chamomile is also prescribed orally to regulate the disturbed menstrual cycle, with algodysmenorrhea and inflammatory diseases of the female genital organs, with painful menstruation, externally - for douching with colpitis, vulvitis, and endocervicitis.

### **Chamomile shower is perfect for:**

for intensive vaginal hygiene in case of heavy discharge, discharge with an unpleasant odor or color, with itching, irritation, and burning;

For the prevention of vaginal infections, as auxiliary care for fungal (yeast) infections and bacterial infections;

For general vaginal hygiene.

### **Usage frequency:**

Depends on the condition of the vagina (certain women are more vulnerable to infections), lifestyle, (unprotected)

sexual activity, menstruation, etc.

For good vaginal hygiene, it is usually sufficient to use the vaginal douche once a week.

For additional vaginal hygiene, for example, to prevent vaginal discomfort, it is enough to use a douche 3 times a week (every other day).

To eliminate vaginal problems and additional care in the treatment of vaginal infection, it is recommended to use a douche daily 2 times for 5 days.

**Benefits:**

Convenient and ideal for intensive vaginal hygiene, prevention of vaginal infections and vaginal discomfort;

It irrigates the vagina in the best way, because has a special vaginal nozzle for douching;

If discomfort persists for a long time, consult a doctor.

**Package:**

Bottle 150 ml, N1, N3 and vaginal nozzle.